

# A Woman WHO LOVES

AN EXPERIENTIAL WEEKEND

## ► What is A Woman Who Loves?

**A Woman Who Loves: Healing Loss, Opening Hearts** is an experiential-healing and personal-growth retreat primarily for women who are working through hurt, betrayal, and grief related to issues with the men in their lives.

The weekend is also intended for women who simply want to better understand themselves and those they love — or women who want to open their hearts to loving again.

The program is peer-led by women and married couples who have survived an affair ... or a husband's struggles with same-sex attractions, porn or sex addictions ... or other difficult issues.

AWWL staff members have been there — and made it through to the other side in having stronger, healthier lives, individually and/or as couples.

## ► What to expect?

The program is supportive, welcoming, and experiential. You'll discover through experience, by touching your feelings, and by listening to your inner wisdom and to God's spirit. We'll get real and open our hearts together. This may be the most authentic and accepting place you've ever known.

## ► You'll have the opportunity to experience:

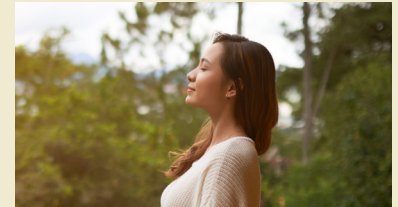
**Women who really "get" you**—Be surrounded, perhaps for the first time in your life, by women who really understand, because they are on a very similar journey themselves.

**Fear and anger release**—Feel the freedom to honor and release your fear and anger in healthy ways.

**Grief and shame release**—Work through some of your own personal grief and shame. Find the power to set healthy boundaries.

**Your inner strength**—Discover your inner strength to stand strong in spite of what life may send you.

**Your inner wisdom**—Meet your inner "Wise Woman," a woman who loves deeply and who knows intuitively what the next right step is. She is already inside of you, waiting for you to quiet your mind and anxieties and meet her in a place of acceptance and peace.



## AWWL Weekends:

[Click here for upcoming dates and registration.](#)

## Journey INTO MANHOOD

Learn about our programs supporting men conflicted over same-sex attractions or related concerns.

[www.brothersroad.org/jim](http://www.brothersroad.org/jim)

